



# MUSTANG WEEKLY

Sept. 17, 2009

Loomis Basin Charter School

## Direct From the Director...

**Flu...**Just a reminder the pandemic H1N1 flu virus ("swine flu") is currently active in Placer County and is anticipated to circulate even more during the fall and into next year. This flu is spreading easily from person to person and school-age children are among the groups most affected and most likely to spread the virus. We have had confirmed cases in the Loomis School District and here at LBCS. I would like to reiterate what to do to help protect your child, yourself, and others from catching the H1N1 flu virus.

The following recommendations to reduce the spread of the virus follow those most recently provided by the Centers for Disease Control and Prevention:

- If you or your child is sick with flu-like illness, stay home for at least 24 hours after the fever is gone except to get medical care or for other necessities, and limit contact with other people. **(The fever should be gone after the use of any fever-reducing medicine has ended.)**
- Cover your nose and mouth with a tissue when you cough or sneeze and then throw it away.
- Wash hands **often** with soap and water, especially after coughing or sneezing. Alcohol-based hand cleaners containing at least 60% alcohol are also effective.
- Avoid touching your eyes, nose and mouth to avoid spreading germs.
- Avoid close contact with people who are sick (hand holding, hugging, kissing, etc).
- Avoid sharing items such as food, drinks, and chapstick with others.

Please note we will continue to have diagnosed and undiagnosed cases of the flu. The more we work together following the guidelines listed above, the fewer cases of the flu we will have.

**Afterschool Enrichment Classes...**I would like to thank the parents who have come forward to offer afterschool enrichment classes. We have many students who would love to have the opportunity to participate in these classes. *If you have a talent or skill and you are interested in facilitating a class, please let us know.* I have students who are interested in spelling bees, geography bees, math enrichment, and science. Classes can be from a four-week class to an eight-week class to a yearlong class. It is up to you! Be a risk-taker and start a class!

**Speaking of Risk-Takers...**the Mandarun is coming up Oct. 17 and I would like to see lots and lots of LBCS families participating. I will be entering and walking. Please join me for a fun morning run/walk!

*"All children are artists.*

*The problem is how to remain an artist once s/he grows up."*

*Pablo Picasso*

Go out a play with your children this weekend...find the artist in you.

(And, wash your hands!) *Cindy*



ATTITUDE OF  
THE WEEK

## COOPERATION

I cooperate and work  
with others. Sometimes I  
lead and sometimes I  
follow.

## UPCOMING DATES

- 9/18 – 1<sup>st</sup> grade to Safetyville
- 9/18 – Art Docent Training in MP
- 9/18 – Pledge drive Ends
- 9/18 – P.E. Committee 2:45 Amphitheater
- 9/24 – 3<sup>rd</sup> grade to Chabot Science Center
- 9/24 – 1<sup>st</sup> grade Lego Club Meet & Greet 3:00
- 9/24 – 5<sup>th</sup> grade Lego Club Meet & Greet 7:00
- 9/25 -- Family Social @ Subway in Granite Bay
- 9/28 – 2<sup>nd</sup> grade Lego Club
- 9/30 – IB Informational Meeting

**PTC Committee Volunteers...**Still lots of positions available, get involved, please contact Christine Clark @ henrypootel@hotmail.com

**Come and join the P.E. Committee...**Next Friday, Sept. 18<sup>th</sup> 2:45 in the Amphitheater. Bring your ideas.

There is only **one more** day left in this year's **Pledge Drive**. Please help your child's class reach 100% class participation so their class can participate in the PTC Pledge Drive Popsicle party.

Class Participation in the Pledge Drive is as follows:

- Mrs. VanBreemen 30%
- Mrs. Bills 25%
- Mrs. D'Ambrosio 5%
- Miss Diepeveen 10%
- Miss Culhane 35%
- Mr. VonSpreckelsen 35%
- Mrs. Sloan 20%
- Ms. Alva 15%
- Ms. Lucas 8%
- Mrs. MacTaggart 12%
- Mrs. Holms 16%
- Mrs. Fletcher 16%

as of September 15<sup>th</sup>.

## To View This Week's Teacher's Websites

Click Here:

- Mrs. Bills [www.myteacherpages.com/webpages/juliebills](http://www.myteacherpages.com/webpages/juliebills)
- Mrs. VanBreemen [www.myteacherpages.com/webpages/DeVanBreemen](http://www.myteacherpages.com/webpages/DeVanBreemen)
- Mrs. D'Ambrosio [www.myteacherpages.com/webpages/MrsD](http://www.myteacherpages.com/webpages/MrsD)
- Ms. Diepeveen [www.myteacherpages.com/webpages/ddiepeveen](http://www.myteacherpages.com/webpages/ddiepeveen)
- Ms. Culhane [www.myteacherpages.com/webpages/kculhane](http://www.myteacherpages.com/webpages/kculhane)
- Mr. VonSpreckelsen [www.myteacherpages.com/webpages/jvonspreckelsen](http://www.myteacherpages.com/webpages/jvonspreckelsen)
- Ms. Alva [www.myteacherpages.com/webpages/jalva](http://www.myteacherpages.com/webpages/jalva)
- Mrs. Sloane [www.myteacherpages.com/webpages/esloane](http://www.myteacherpages.com/webpages/esloane)
- Ms. Lucas [www.myteacherpages.com/webpages/blucas](http://www.myteacherpages.com/webpages/blucas)
- Mrs. MacTaggart [www.myteacherpages.com/webpages/kmactaggart](http://www.myteacherpages.com/webpages/kmactaggart)
- Mrs. Holm [www.myteacherpages.com/webpages/sholm](http://www.myteacherpages.com/webpages/sholm)
- Mrs. Fletcher [www.myteacherpages.com/webpages/pfletcher](http://www.myteacherpages.com/webpages/pfletcher)
- Mrs. Van de Bogaerde [www.schoolrack.com/mrsvanmusic](http://www.schoolrack.com/mrsvanmusic)
- Sombrero Time [www.sombrerotime.com](http://www.sombrerotime.com)

## Save the Date...

*Bring the Whole Family!*

## Family Science Health Fair

Wednesday, October 14th 6:30-8:00

**Explorit Science Center** will be providing hands-on activities!

and no need to go through the drive-thru for dinner this night

...we will have healthy food vendors on campus!

**WE NEED YOU!** No experience necessary! Get your volunteer hours early this year and have fun at the same time by helping us this night and at night from 6:00-8:15!

Please contact Amy Griffin 791.5179 or [thegriffins@surewest.net](mailto:thegriffins@surewest.net)

*Thank you!*